

The vets' race went to in-form George Meredith while Leslie Hall dominated the ladies' race to finish around 400 metres clear of Emma Lomberg.

Men -

1, J Gentry (NEB)	24:53;
2, G Arthey (B'ht)	24:50;
3, B Royden (Med)	25:05;
4, A Catton (Ilf)	25:07;
5, M Hicks (Inv)	25:10;
6, K Penny (Camb)	25:14; 7, J Wigley (Inv)
8, G Saker (GEC)	25:15; 9, E Brown (Basil)
25:39; 10, D Clarke (NEB)	25:49;
11, M Limbourne (Med)	25:53; 12, G Meredith (Camb - V40)
26:06; 13, S Hempsted (NEB)	26:07; 14, P Calnan (B'ht)
26:09; 15, S Hesketh (Inv)	26:13; 16, T Hogston (Inv)
26:14; 17, T Donahy (NEB)	26:26; 18, J Mills (Harl)
26:28; 19, G Piper (Ilf)	26:29; 20, M Forder (GEC)
26:35.	24:53.

Women - 1, L Hall (Ash) 30:28; 2, E Lomberg (Med) 31:58; 3, D Milne (Inv) 32:18; 4, J Mills (Harl) 33:04; 5, C Smyth (Maid - V35) 35:28.

Edinburgh to Glasgow Relay, 19th November

IN THEIR centenary year, Dundee Hawkhill Harriers were clear winners of the Edinburgh to Glasgow road relay.

Other than the opening stage and briefly at the halfway point, Dundee led throughout to finish one and a half minutes ahead of 1987 winners Cambuslang Harriers, with last year's winners Aberdeen in third.

Stage One: Teviotdale's 800 metres indoors Scottish international Keith Logan (26:43) gave the Scottish cross-country champions a narrow lead over Dundee's Dave Beattie (26:47). Aberdeen and Cambuslang were back in eighth and ninth respectively. **Fastest Leg:** K Logan (Teviotdale) 26:43.

Stage Two: Peter McColgan took Dundee into the lead within half a mile of the start and gradually extended his club's advantage over Teviotdale to 41 seconds. John Graham's 29:21 effort was good enough to pull Haddington into third, narrowly ahead of Aberdeen's Chris Hall (29:14) and Cambuslang's Ed Stewart (29:02). **Fastest Leg:** P McColgan (Dundee) 28:22.

Stage Three: Former Scottish Youths' champion Terry Reid (24:09) increased Dundee's lead. Ian Elliott (24:31) kept Teviotdale in second while another former age group star, David McShane, took Cambuslang into third with a 24:28 effort. **Fastest Leg:** S Cohen (ESPC) 23:54.

Stage Four: Two miles into the leg, disaster almost struck Dundee when Craig Ross took a wrong turning at an unmarshalled roundabout. Thanks to a passing car, Ross quickly realised his mistake but still lost 10 to 15 valuable seconds, ultimately costing Dundee the lead as Ross (27:40) was caught in the last half mile by Shettleston's Nat Muir (25:29), ESPC's 1,500 metres international Dan McMillan (25:37) and Teviotdale's veteran star Brian Emerson (26:26). By the end of the

leg only two seconds covered the first three clubs. **Fastest Leg:** N Muir (Shett) 25:29.

Stage Five: Dundee moved into the lead which they were never to lose thanks to the day's fastest leg time of 26:25 by Ian Campbell.

Stage Six: Charlie Haskett (33:07) further extended Dundee's lead during this, the longest stage of the race. Cambuslang remained in second through Calum Murray (33:48). Edinburgh Southern moved into the medal frame for the first time with anglo Neil Tennant. **Fastest Leg:** N Tennant (ESH) 32:15.

Stage Seven - Cambuslang's Charlie Thompson (25:04) cut back over half a minute from Dundee's lead (8:52) while steeplechaser George Matheson (25:33) kept Southern in third with Aberdeen's Mike Murray (25:20) moving through to fourth. **Fastest leg:** I Archibald (ESPC) 24:40.

Stage Eight - Doctor Peter Fox produced the second fastest leg time (26:58) to take Dundee to a well deserved victory. Jim Orr (27:25) consolidated Cambuslang's second place while Simon Axon (27:34) moved Aberdeen up another place to the bronze medal position. **Fastest Leg:** G Grindley (Falkirk) 26:47; **Result -** 1, Dundee Hawkhill (D Beattie 26:47; P McColgan 28:22; P Read 24:09; C Ross 27:40; I Campbell 26:25; C Haskett 33:07; R Barrie 25:35; P Fox 26:58) 3:39:03; 2, Cambuslang (G Getty 27:25; E Stewart 29:02; D McShane 24:28; M Gormley 26:52; A Gilmore 26:29; C Murray 33:48; C Thompson 25:04; J Orr 27:25; 3:40:33; 3Aberdeen (D Duruid 27:08; C Hall 29:14; R Taylor 25:13; C Youngson 2:20) 26:33; F Clyne 33:16; M Murray 25:20; S Axon 27:34) 3:41:43; 4ESPC 3:42:15; 5, Teviotdale 3:42:45; 6, ESH 3:42:58; 7, Shettleston 3:43:10; 8, Falkirk 3:43:37; 9, Kilbarchan 3:46:27; 10, Bellahouston 3:46:43; 11, Greenock Glen Park 3:46:44; 12, Calder Glen 3:50:30; 13, Fife 3:51:49; 14, Victoria Park 3:51:54; 15, N District Select, 3:52:45; 16, Clydesdale 3:54:59; 17, Haddington 3:55:18; 18, Ayr Seaforth 3:57:33; 19, Hunters Bog 3:59:50; 20, Taconic RR 3:59:11; 21, Livingston 4:00:37

Weekend round-up

MARATHON international Anne Roden, now 43, broke her 'duck' in the Surrey Cross-country league at the weekend, triumphing by just a single second over Sally Young of South London Harriers.

At the other end of the age and experience scale there were also a couple of notable victories over the country, with 18 years-old A level student Michael Threadgill of Middlesbrough and Cleveland Harriers winning his first ever senior race, in the North Yorkshire and South Durham League. Also scoring points for the younger generation was 21 years-old Simon Ellis of Rotherham who established a clear lead in the South Yorkshire League standings following his second victory of the season.

In the London Championships, John Downes had the satisfaction of taking the individual honours and leading London Irish to team victory. Anne Ridley of Shaftesbury Barnet recorded a similar double in the women's race.

On the roads, Wolverhampton and Bilston team captain John Thornbury returned to win the Shire Oaks Half-marathon for the second time, while Robert Swann provided a 'home' victory in the Basingstoke 6, sprinting clear of Robin Hudson to retain his title.

Pontefract Colliery 1/3 Marathon
19th November

1, D McVitty (Wake) 48:07; 2, A Slack (Wake) 49:18; 3, C Haynes (W Yorks Police - V45) 49:56.
Women - 1, S Garrard (Goole V) 59:46; 2, D Howard (Goole V) 61:37; 3, J Butler (Goole V) 62:50.

CROSS-COUNTRY

London Championships, Parliament Hill, 25th November

JOHN DOWNES, appearing in competition for the first time this winter, led London Irish to a close team victory over Haringey and a retention of their title, reports Martin Duff.

The 22-year-old was content to let club colleague Tom Maher, Mark Houghton and Mark Adam lead for the first mile, but by 2½ miles he was in a leading group of four, with Maher, Ian Manners and Tony Jackson, whilst Dave Hoinville followed at 30 yards.

One mile later, Downes had broken clear and, with Parliament Hill the driest it has been for many a year, he extended his lead to the finish. Maher had been looking good for second, but a stitch as he passed Kenwood House, saw both Manners and Adam slip by.

"I felt good today," said the winner. "I am currently on 70 miles per week and want to go higher, but I do a lot of physical work in my job and that keeps me fit."

Anne Ridley led the women's race virtually from start to finish, leading her club, Shaftesbury Barnet, to a team victory. Joining Ridley at the front after half a mile were Freda Brown and Hilary Baxter, but it was Liz Murphy and Deidre Criddle who eventually battled it out for second with Murphy just prevailing.

Men

1, J Downes (Lon.I)	30:30;	
2, I Manners (High)	30:54;	
3, M Adam (S&NH)	30:58;	
4, T Maher (Lon.I)	31:01;	
5, A Jackson (Hill)	31:04;	
6, J Kilsby (Har)	31:21; 7, M Moughton (Har)	31:24;
8, D Hoinville (High)	31:26; 9, L Mangleshott (W.Gn)	31:30;
10, P McGrath (Lon.I)	31:37; 11, A Anderson (Har)	31:44; 12, E Mannion

(Har) 32:00; 13, G Getty (SB) 32:02; 14, D Baugh (TVH) 32:05; 15, J Leveredge (Har) 31:11; 16, A Kellerher (SB) 32:14; 17, A Tindale (Lon.I) 32:16; 18, R Watt (High) 32:20; 19, S Shepley (Lon.I) 32:30; 20, G Ward (Har) 32:31; 21, M Chapman (High) 32:33; 22, K McDonald (Hill) 32:43; 23, I Kennedy (High) 32:44; 24, N Fairbrass (Kent-V) 32:45; 25, M Ellison (Har) 32:51; 26, K Thompson (Lon.I) 32:59; 27, J Orr (Lon.I) 33:00; 28, R Johnston (Serp) 33:07; 29, R Johnston (Serp) 33:01; 30, C Bailey (High) 33:14; 31, L O'Reilly (Lon.I) 33:17; 32, T Bailey (Walt) 33:19; 33, L Riley (Kent) 33:23; 34, F Cooney (Serp) 33:26; 35, B Pfeiffer (TVH) 33:30; 36, T Kondjedakis (N.Lon) 33:31; 37, P Murphy (Lon.I) 33:34; 38, M Walker (SB) 33:34; 39, S Tuck (TVH) 33:35; 40, P Wells (QPH) 33:43.

Teams: 1, London Irish 32; 2, Haringey 36; 3, Highgate 49; 4, London Irish 'B' 101; 5, Haringey 'B' 101.

Women - 1, A Ridley (SB) 18:09; 2, C Murphy (Mx) 18:35; 3, D Criddle (High) 18:36; 4, F Brown (SB) 18:44; 5, R Hann (High) 18:51; 6, H Baxter (High) 18:51; 7, T McDonald (Hill) 18:52; 8, S Brown (SB) 18:58; 9, C White (High) 19:17; 10, S Andrews (High) 20:02; 11, A Brown (SB) 20:03; 12, A Lippitt (Trent P) 20:04; 13, A Huxford (Brom) 20:08; 14, A Taylor (Dulw) 20:10; 15, K Johnson (Har) 20:12; 16, J Hickman (Serp-V) 20:14; 17, R Miller (N.Lon) 20:37; 18, A Newnham (N.Lon) 20:51; 19, B Bramley (E.Lon) 20:52; 20, B Kirk (SB) 21:09.

Teams: 1, Shaftesbury 24; 2, Highgate 30; 3, Serpentine 83; 4, N.London 89; 5, Shaftesbury B 117.



Nick O'Brien
East Lancs Championships, Leigh 26th November

Seniors

1, N O'Brien (Stret)	35:26;											
2, D Ireland (O&R)	35:33;											
3, M Deegan (Sal)	35:42;											
4, B Hussein (SF)	35:56;											
5, D Cole (Sale)	36:03;											
6, J Newnes (Sal)	36:04; 7, D Taylor (Sale)	36:05; 8, C Bucknell (Stret)	36:06;									
9, P Freary (Bol)	36:19; 10, M Lynch (Leigh)	36:22; 11, S Duckworth (Rad)	36:34; 12, P Levin (Bol)	36:35; 13, K McGee (Sal)	36:46; 14, T Knibb (Sal)	36:49; 15, P Stelfox (Stock)	36:55; 16, N Barlow (Hor)	37:06; 17, R Goddard (Stret)	37:09; 18, S Haylock (Stock)	37:15; 19, S Watson (Chor)	37:17; 20, M Bradbury (Stock)	37:20.
Teams:	1, Salford 80; 2, Stretford 146; 3, Stockport 156; 4, Horwich 188; 5, Bolton 211; 6, Altrincham 306.											
Juniors (5M) - 1, I Crim (O&R)	25:16;											
2, J Boothroyd (Sale)	25:40; 3, S Doyle (E.Chester)	25:41; 4, B Mabon (Stret)	25:54; 5, G Goodwin (Stock)	26:13; 6, P Green (E.Chester)	26:24.							
Teams:	1, East Cheshire 30; 2, Sale 44; 3, Bolton 68.											